



Member Wellbeing & Support

Incolink Member Wellbeing & Support offers a range of exclusive services to workers in the construction industry as part of their membership. These services are there for members in good times and bad and include:

- Incolink 24/7 Counselling
- Financial Rights Counselling
- Incolink physical health programs
- Preventative education
- Apprentice support
- Incolink Job support

CONFIDENTIAL

Income and Expenditure Summary

Member	Telephone
Address	
Incolink No.	
Incolink Worker	Date

A	Weekly x 52	Fortnightly x 26	Monthly x 12	2 Monthly x 6	3 Monthly x 4	6 Monthly x 2	TOTAL YEAR
Fixed Expenses							
Rent/Mortgage/Board							
Council Rates							
Water Rates							
House Insurance							
Electricity							
Gas/Wood							
Telephone/Internet							
Mobile Phone							
Medical Insurance							
Life Insurance							
Child Support							
Car Insurance							
Car Registration							
Subscriptions, Union							
Rental Goods							
School Fees							
Child Care							
Other							
TOTALS							
BANK	Weekly / Fortnightly / Monthly						

B

Variable Expenses	Weekly x 52	Fortnightly x 26	Monthly x 12	2 Monthly x 6	3 Monthly x 4	6 Monthly x 2	TOTAL YEAR
Groceries							
Lunches/Take-away							
Clothing & Shoes							
School Camps							
TAFE, Books & Tools							
Haircuts							
Doctor/Specialist							
Chemist							
Optical/Dental							
Vet/pets							
Petrol							
Fares/Transport/ E-tag							
Training Lessons							
Pocket Money							
Pay TV/Streaming							
Cigarettes							
Alcohol							
Entertainment							
Gambling/Tatts/Sportsbet							
Paid Apps							
Car Maintenance							
Home Maintenance							
Holidays							
Gifts							
Hobby/Sport/Gym							
Other							
TOTALS							
CASH	Weekly / Fortnightly / Monthly						

continued »

Loan Repayments

Creditor & Purpose	Balance	Weekly Payments	Fortnightly Payments	Monthly Payments	TOTAL YEARLY
E.g.: Credit card, Ute, Car					
TOTALS					
CASH	Weekly / Fortnightly / Monthly				

Notes:

Details of income

INCOME SOURCE	Balance	Weekly Payment	Fortnightly Payment	Monthly Payment	TOTAL YEARLY
Wages					
Workcover					
Accident/Illness Insurance					
Centrelink					
- Newstart					
- Pension					
- Family Tax Benefit					
- Rent Assistance					
Other					
TOTALS					
BANK		Weekly / Fortnightly / Monthly			

Summary

TOTAL INCOME	1
Fixed Expenses A	
Variable Expenses B	
Loan Expenses C	
TOTAL EXPENDITURE	2
Surplus / Deficit (deduct 2 from 1)	

Notes:
